

Professional CEU/PDA

Mental Health Professional Only

We all have CEU/PDA hours to fulfill annually, so why not join us in a warm environment while obtaining your professional CEUs from our in-house providers. We currently offer three series of Class II CEU annually:

Series I: Intro to Asian Medicine

Series II: Massage Therapy

Series III: Advanced Psychotherapy

Series I: Intro to Asian Medicine

Acupuncture. What is it and how can it aid in Psychotherapy

Module One

Learn why an ancient Eastern Medicine is gaining momentum in the US, and some basic philosophy and terminology of Traditional Chinese Medicine (TCM). The previous provides the backdrop for understanding how Asian Medicine can aid in therapy.

Qi Qong Relaxation Techniques for the Therapist

Module Two

Learn simple Qi Qong exercises that you can use to relax and rejuvenate you between clients or after clients have stressed you out at the end of the day

How TCM can assist with Depression & Anxiety

Module Three

Module three will cover more advanced philosophy and research regarding the use of TCM (Acupuncture, Herbal Medicine, etc) in the successful treatment of Depression and Anxiety.

Note: *Completion of Series 1 Module 1 is a prerequisite for this more in-depth session.*

Series II and Series III Currently Under Development